



AGILE MINDSETS FOR SUCCESS

26 - 28 August 2026

Thailand

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This transformative course introduces the core mindset, principles, and values behind Agile thinking. Participants will learn how to lead and work with agility in fast-changing environments by embracing customer focus, iterative development, collaboration, and continuous improvement as part of their everyday practice.

Overview

With business agility becoming a necessity, this course helps professionals at all levels adopt the thinking patterns and behaviors that drive flexibility, innovation, and high-performing teams. Through practical tools, self-reflection, and real-world scenarios, participants will build confidence to lead and thrive in Agile environments.

Upon completion, participants will:

- Understand the foundations of Agile thinking and how to apply them in real situations
- Foster collaborative, adaptive teams grounded in core Agile values
- Build habits of reflection, continuous learning, and value-driven decision-making.

Who should attend

- Team leaders, managers, and professionals involved in transformation initiatives
- Project team members working in Agile, hybrid, or evolving work models
- Anyone seeking to develop a modern, resilient, and value-driven mindset

Methodology

Highly experiential approach using case studies, team exercises, mindset mapping, reflective journaling, Agile simulations, and group discussions. Emphasis on practical mindset application, not just frameworks.

Trainer

Facilitated by a certified Agile coach and leadership mentor with over 15 years of experience guiding Agile transformations across sectors. The trainer has worked with startups, multinational companies, and government teams to instill agility at both individual and organizational levels.

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Course Content

Module – 1

Foundations of the Agile Mindset.

- What is an Agile Mindset and why it matters in modern work
- Agile vs traditional thinking: key contrasts and shifts
- Core Agile values: individuals, interactions, customer focus, adaptability
- Benefits of agility: responsiveness, innovation, and customer value

Module – 2

Core Values and Pillars of Agile Thinking.

- Overview of the Agile Manifesto and its practical meaning
- The Four Pillars: Respect, Flow, Innovation, and Improvement
- The 5 Cs of Agile Management: Communication, Collaboration, Courage, Customer Focus, Continuous Improvement
- Applying values to real-life decisions and team interactions

Module – 3

Agile Thinking in Action: Principles & Behaviors.

- Embracing change as a path to growth and innovation
- Iterative development and incremental delivery
- The mindset of "progress over perfection"
- Using feedback loops to improve continuously

Module – 4

Creating a Collaborative Agile Environment.

- The psychology of teamwork and Agile collaboration
- Building effective, self-organized teams
- Encouraging psychological safety and shared ownership
- Practical ways to promote open communication and cross-functionality

Module – 5

Developing Agility Through Learning and Reflection.

- Learning as a continuous and active process
- Personal development plans and skill sprints
- Role of retrospectives, journaling, and feedback reviews
- Cultivating curiosity, humility, and growth mindset

Module – 6

Agile Decision-Making and Value Focus.

- Decision-making frameworks for Agile (e.g., MoSCoW, backlog prioritization)
- How Agile teams prioritize customer value
- Balancing flexibility with focus: staying lean and adaptive
- Using flow metrics and visual boards to guide action

Module – 7

Leading with Agility and Servant Leadership.

- Key characteristics of Agile leaders: humility, vision, support
- Encouraging autonomy and accountability in teams
- Coaching vs directing: developing others through guidance
- Agile leadership as influence, not authority

Module – 8

Overcoming Challenges and Sustaining the Mindset.

- Common barriers: resistance to change, unclear roles, culture clashes
- Strategies to scale Agile thinking in complex environments
- Shifting from hierarchy to empowerment
- Making agility a long-term habit, not just a project method

